

WAXING	LADIES (₹)	GENTLEMAN (₹)
Full Arms / Half Arms	1250/750	-
Full Legs / Half Legs	1750/1000	-
Under Arms	400	-
Full Back / Full Front	2500/1750	-
Middriff	1000	-
Bikini Line	1100	-
Full Waxing	3000	-
(Full Arms, Full Legs & Underarms)		
Full Body Waxing	4500	-
(Excluding Face & Bikini)		
Full Bikini	3000	-
HAIR		
Hair Wash and Blow Dry	1500	900
Trim (without Wash)	1000	900
Trim (with Wash)	1600	1000
Hair Cut Creative	3500-5000	2500
Hair Cut (Kids upto 10years old)	850	750
HAIR STYLING		
Hair Curls Creative	2500	-
Hair Braids (Normal)	1500	-
Hair Braids with Extension	3000	-
Ponytails (Normal)	1500	-
Ponytails with Extension	3000	-
Beach Waves	3000	-
Big Body with Curls	3000	-
Ironing with Extension / Wigs	3500	-
Ironing with Extension / Wigs	-	3000
Ironing on Medium Hair	2000	-
Ironing on Full Length	3000	-
Ironing	-	1500
Hair Upstyles	2000	-
Hair Upstyles with Brooch	3000	-

**"SPA MEMEBRSHIPS ARE AVAILABLE"**  
(For details please contact our Spa Reception )

#### Spa Guidelines

Kindly turn off your cell phones and leave all your valuable in your room safe. We are not responsible for the damage or loss of any personal belonging. Children aged below 16 can avail treatment only under parental supervision.

#### Service Charges

We do not levy any service charge to the cost of treatment. Additional gratuities your therapist is subject to your discretion.

#### Cancellation Policy

In case of any change or cancellation, please notify our Spa two hours prior to your scheduled appointment to avoid paying 50% of the cost as a cancellation fee.

\* Rates are without GST- Tax will charge Extra  
\*Prices are shown in Indian Rupees

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SPA PACKAGES

Jet Lag reviver / Stress Buster	120 minutes	Rs 9200
Body Scrub- Marma Head Massage – Swedish therapy		
Vital energy points on the head and face are gently activated to re-balance the body clock and harmonize your unique bio-rhythm.		

Jet Lag Reviver - 2	105 Minutes	Rs 8200
Body massage - Indian Head massage – Herbal Pouch therapy		
Focusing more on head and repeated strained neck, shoulder ,back and foot areas to ensure the rebalancing of mind clock and smooth energy flow.		

Essence of Wellness for Women	120 minutes	Rs 8500
Scrub – Aroma massage –Express Facial		
Designed for the multitasking new age women, this treatment re-energizes the skin, and leaves you feeling refreshed, revitalized and deeply relaxed. The facial softens and smoothen your skin texture, and increase the radiance that won't go unnoticed.		

Essence of Wellness for Men	120 minutes	Rs 8500
Scrub- Balinese Massage – Choice of head massage / Herbal pouch therapy		
While the scrub detoxifies and smoothen your skin texture, the Balinese body massage and herbal pouch therapy gently erases the stiffness, aches and pain		

Romance Couple Package	120 minutes	Rs 18000
Scrub -Body massage -Indian Head Massage		
Spa therapies for you and your partner in a serene ambience. A highly relaxing and deeply rejuvenating wellness experience.		

My Wellness Day	3.5 Hours	Rs 15000
(Scrub, Body massage, Head Massage, Foot reflexology, & Facial)		
This Package will help you plan your wellness day in a perfect way. A combination of body scrub, body massage, Indian head massage, suitable facial and foot reflexology will leave you totally pampered for the day with immense relaxation and rejuvenation.		

BODY THERAPIES

Senses & Elements signature therapy	90 minutes	Rs 6500
Swedish Massage -Soft to Medium	60 minutes	Rs 4500
	90 minutes	Rs 6200
Aroma Massage - Soft to Medium	60 minutes	Rs 4500
	90 minutes	Rs 6200
Balinese Massage – Medium	60 minutes	Rs 4500
	90 minutes	Rs 6200
Deep Tissue Massage - Deep pressure	60 minutes	Rs 4500
	90 minutes	Rs 6200
Thai Massage - No oil Body therapy	60 minutes	Rs 4500
	90 minutes	Rs 6200

BODY TREATMENTS - SCRUBS

Relaxing Rejuvenating Jasmine body Scrub	30 minutes	Rs 3800
Soothing Sandal wood Scrub	30 minutes	Rs 3800
Lavender detox Scrub	30 minutes	Rs 3800

AYURVEDA PACKAGES

Essence of Ayurveda	2 hours 15 minutes	Rs 9900
Abhyanga –Hot Herbal Pouch Therapy- Indian Head Massage		
A combination of three Ayurveda therapies effective before or after a hectic journey or a long day's work. You can experience an instant stimulation of body and mind, and will feel absolute relaxation and rejuvenation to be ready to face the challenges on.		

AYURVEDA THERAPIES

Abhyanga Ayurveda Marma Massage	60 minutes	Rs 4500
Shirodhara	45 minutes	Rs 5800
Hot Herbal Pouch Therapy	45 minutes	Rs 4000
Indian Marma Head, Neck & Shoulder Massage	40 minutes	Rs 3800

AYURVEDA - MEYAM PACKAGES

The best preventive care therapies to improve your totality. (A researched and result oriented combination of Marma-Ergonomics-Yoga-Ayurveda- Meditation treatment rituals)

Shanthi – The peace ( Abhyanga & Local Kizhi )	1 hour 15minutes	Rs 5500
Warm medicated full body oil massage followed with hot herbal pouch therapy on your repeated strained joints and muscles.This is a perfect relaxation and soothing Ayurveda program.		

Smrithi – The Memory ( Abhyanga & Shirodhara)	1 hour 30 minutes	Rs 8500
A full body warm oil Ayurveda massage followed by continuous streaming of medicated oil over the forehead –Shirodhara. A combination of therapies, provides you deep relaxation and rejuvenation which can enhance your sleep.		

Sampoorna- The Completion ( Abhyanga & Herbal Pouch)	1 hour 30 minutes	Rs 7500
A complete body massage with selected warm medicated oil followed by hot herbal pouch therapy to ensure to reduce the joint pain and stiffness with absolute relaxation.		

QUICK SPA OR ADD ON THERAPIES

Foot Reflexology	30 minutes	Rs 2900
Soothing Back Massage	30 minutes	Rs 2900
Indian Head Massage	30 minutes	Rs 2900
Jet Lag - Quick Therapy (Head & Foot)	45 minutes	Rs 3800

HEALING WITH AYURVEDA & WELLNESS SPA PROGRAM

A perfect way to boost your immune system and improve vitality. We have a series of well researched outcome based Ayurveda & Wellness Programs spanning from 3 to 5 days. Our wellness experts will guide you to select suitable programs based on your unique health and lifestyle requirements. Limited slots available.

Our exclusive Ayurveda and Integrated Wellness programs for 3 days to 5 days

Experience Ayurveda – 3 days (Rs 19500)

A three days customized wellness program to introduce the overall wellbeing. Your basic health condition will be analyzed by our experts and an effective bespoke treatment plan will be designed. Body therapies, Scrubs, Abhyanga, Herbal Pouch therapy, Indian head massage are some of the therapies in our repertoire.

Rejuvenation Package - 5 days (Rs 32000)

A perfect treatment plan with a large range of Ayurveda and Wellness therapies that will impress you with results of deep relaxation. The results are an invigorated body, a calm mind and vigorous immunity.

This package includes various Ayurveda and non- Ayurveda therapies such as Abhyangam , Shirodhara, Aroma /Swedish therapies with body scrubs ,head and face therapies and many more.

FACE THERAPY

Express facial	30 minutes	Rs 3800
Hydramoist ( For dry skin)	60 Minutes	Rs 5000
Balancing (Oil control)	60 Minutes	Rs 5000
Anti – aging Facial	60 Minutes	Rs 5500
Brightening Facial	60 Minutes	Rs 5500

BEAUTY AND HAIR

Luxury Wellness Manicure	60 minutes	Rs 2500
Luxury Wellness Pedicure	60 Minutes	Rs 3000
Hair Wash & Blow Dry		Rs 1500

(For a detailed Salon menu, please contact the Spa and Salon Reception.)

SAE SALON

MANICURE / PEDICURE	DURATION	LADIES (₹)	GENTLEMAN (₹)
Short Pedicure	30	1500	1500
Short Manicure	30	1000	1000
(Cut, File and Choice of colours)			
Luxury Wellness Pedicure	60	3000	-
Luxury Wellness Manicure	60	2500	-

(Cut, File, Puffer, Scrub, Massage, Mask and Choice of colours)			
Stress away Pedicure	40	2500	-
Stress away Manicure	40	2000	-

THREADING			
Eye Brow		250	-
Upper Lip / Lower Lip		250	-
Side Locks		250	-
Forehead		400	-
Chin / Neck		400	-
Full Face		1250	-